

A collaboration of York Housing Authority & York Hospital

NEWSLETTER MAY 2017



Save the Date..... Neighborhood Network Open House for Members, Volunteers, Vendors and Guests

Thursday, May 18 from 4-6pm, refreshments served!
The Baldwin Center, 117 Long Sands Road, York

RSVP: 207-351-1828

Young at Art Series with Heartwood College of Art a Huge Hit!

A studio art program designed by instructors at Heartwood College of Art, these workshops are taught by professional, working artists in a variety of disciplines. The bi-weekly workshops explore and celebrate the creative spirit while providing a sense of community and an opportunity to savor one's own personal creativity. Expression, reflection and wellness are the goals.

Four Sessions —Wednesdays from 1-3pm at Baldwin Center

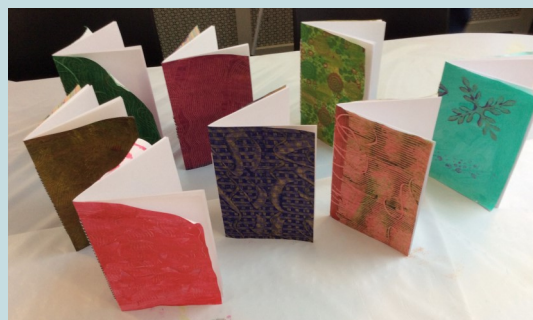
May 10: Quilt Collage Boxes

May 24: Chinese Calligraphy

June 7: Gel Print Cards

June 21: Botanical Pattern Painting/

Space is limited—Please call to sign up: 207-351-1828



JOB BOARD: Coordinator Wanted for Neighborhood Network and York Housing! Exceptional multitasker with great computer skills. Working with an elder population. Patience a must. Mornings to start/ 15 hours per week. Job will grow in the coming year. Email: patricia@yorkhousing.com.

In This Issue

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Please contact us for information
about our services and opportunities

Call: 207-351-1828

Email: neighborhoodnetwork.me

Website: www.neighborhoodnetwork.me

Things We've Learned...

Home assessment visits and follow up should we encounter an unsafe hoarding situation

Our primary focus for home assessment visits is to ensure that you are living in a safe and sanitary environment. We may bring to your attention a number of items and suggestions from our checklist that we feel need to be completed to bring your home up to a safety standard.

Along with that list are various services that we feel the Network offers that you will be able to benefit from and which we are prepared to complete for you using our maintenance techs. Should you require the more extensive list to be completed we must recommend, however, that you engage a service to assist you in organizing and removing the excess of personal items in your home before we dispatch our maintenance workers or recommend vendors or volunteers. We feel this presents a health and safety situation for you as well as our team of workers.

We are happy to help you in many other ways but cannot recommend vendors to come into the household until these items are addressed. Once we see this is in progress, we will assist you in any way we can, either with our own maintenance techs or with other vendors.

Transportation assistance is greatly needed

We are growing and we have a nice group of volunteers that are willing to drive far and wide to meet the needs of our members.

We must state, however, that you must continue to be proactive in trying to find rides to events that matter to you. We will do our very best to connect you with someone, but that is not a guarantee.

Also some of the members have the expectation of several rides a week and at this time it is simply not possible. We may be able to supplement with a pay for service ride, and that I would expect you would do if you simply had to attend a specific event.

Keep in mind that should you pay to attend a gathering, there may be someone at that gathering who lives in your community that might be a resource for attending the next time. We hope these connections will continue to grow and grow.

The bottom line is that we are doing our best to meet your needs, but we may not be able to meet them all. Not for lack of trying, I might add. This is the reason we are creating this Network to begin with, as we realize the truly important need for socialization and transportation in our communities. **You can help us help you by recruiting volunteers on your own, or by asking someone to attend an outing that might become a member in the future.**

It takes a village to make a village thrive!

As we continue to grow, we realize more and more that member, volunteer and community service provider participation and input are key to helping our village thrive! We have organized a number of activities to encourage our network family members to come meet each other and get to know who we all are and what we need, and to help us strategize how we can make our network work better for YOU! **We hope you'll come to a coffee klatch at the Baldwin Center or to one of our Community Breakfasts listed on the calendar. And be sure to join us for our spring open house on May 18. Bring a friend! We really look forward to seeing you!!!**



May Activities and Historic Happenings

For More Information or to register, call us at 207-351-1828
or email coordinator@neighborhoodnetwork.me



*Unless otherwise noted, all activities are free of charge and take place at York Housing's Baldwin Center, 4 Pine Grove Lane, York, Maine 03909

Monday	Tuesday	Wednesday	Thursday	Friday	Historic Happenings
1 Yoga 9:30am \$5/ class Mah Jongg 1-3pm	2 Tuesday Movie: Big Fish 1:10pm 9 Yoga 9:30am \$5/ class Mah Jongg 1-3pm	3 Neighborhood Network Coffee Klatch 10:30am 10 Young at Art 1-3pm	4 Cribbage Club 10am 11 Cribbage Club	5 Fabulous Fish Friday noon \$5/meal. RSVP 207-363-8444 12 Fabulous Fish Friday noon \$5/meal. RSVP 207-363-8444	May 6, 1937 — The zeppelin Hindenburg destroyed in fireball. A transatlantic flight of the German luxury passenger airship Hindenburg ends in disaster as the vessel bursts into flames near its docking tower at Lakehurst, New Jersey. Thirty-six people will die in the tragedy, and it will mark the end of airship travel. May 13, 1846 — US declares war on its neighbor. The US annexation of Texas the previous year lit the tinder between neighboring nations, and now the conflict explodes into the Mexican-American War as the US Congress votes in favor of President Polk's request for military action. The two-year conflict will end in Mexico's defeat and the loss of about half its national territory.
15	16 Kittery Network Breakfast at Sunrise Grill, Kittery, 9:30am	17 Neighborhood Network Coffee Klatch 10:30am	18 Cribbage Club 10am Book Group 1pm Network Open House at Baldwin Center 4-6pm	19 Fabulous Fish Friday noon \$5/meal. RSVP 207-363-8444	May 20, 1921 — Aviator Amelia Earhart tries for the history books. Taking to the skies from a Newfoundland starting point in her single-engine Lockheed Vega 5B, Amelia Earhart hopes to become the first woman to fly solo nonstop across the Atlantic Ocean. Fourteen hours and 56 minutes later she will achieve her goal, landing in Northern Ireland.
22 Yoga 9:30am. \$5/class. Mah Jongg 1-3pm	23	24 York Network Breakfast at Norma's, 9:30am Young at Art 1-3pm	25 Cribbage Club 10am	26 Fabulous Fish Friday noon \$5/meal. RSVP 207-363-8444	May 26, 1896 — Last tsar of Russia is crowned. In an opulent ceremony, 28-year old Nicholas Alexandrovich Romanov is crowned Tsar Nicholas II. His reign will be marred by economic collapse, military defeats, and ultimately the massacre of himself and his family by Bolshevik revolutionaries in 1917, ending 370 years of Tsarist rule.
29 Memorial Day Office Closed	30 Veterans Memorial Day Lunch noon	31			Happy April-May Birthdays to Our Neighborhood Network Members and Volunteers: Jean Alvord, MaryLou Audette, Peter Blanchard, Brenda Good, Ana Gray, Sue McCarthy, Lee Pollock

May Book Club Selection

Sister Carrie, by Theodore Dreiser

For discussion on **May 18 at 1pm** at
The Baldwin Center,
117 Long Sands Rd, York.



All are Welcome!

FMI: call Laura at 207-351-1828

Come Celebrate the Network with Us!
Open House at Baldwin Center
Thursday, May 18 4-6pm

Enjoy music, food and drinks with friends!
RSVP: Call 207-351-1828



Veterans, We Thank You!

Please Join Us for a Complimentary Lunch
in Observance of Memorial Day

Tuesday, May 30 at noon at Baldwin Center.
RSVP: Call 207-363-8444

MEMORIAL DAY
WE REMEMBER



Network Community Breakfasts

In **Kittery** at **Sunrise Grill**, the 3rd Tues. at 9:30am (May 16)

In **York** at **Norma's** on the 4th Wed. at 9:30 am (May 24)

Ongoing Activities & Programs

Members are invited to come by York Housing's Baldwin Center, 117 Long Sands Road, York, for these activities and events. Programs are free, unless noted. See our complete schedule on the preceding page. FMI call 207-363-8444.

Every Monday

- 9:30 am Yoga (\$5 donation)

The second Monday of the Month (NOTE: this month we're holding three sessions on May 1, 8 and 22)

- 1-3 pm Mah-Jongg for all levels

The third Tuesday of the Month (May 16)

- 9:30am Kittery Network Breakfast at Sunrise Grill

The last Tuesday of the Month (May 30) (NOTE: This month, instead of coffee, we're having special lunch in observance of Memorial Day. RSVP: 207-363-8444)

- Noon Veterans Lunch

The 1st and 3rd Wednesdays of the Month (May 3 & 17)

- 10:30 am Network Coffee Klatch at Baldwin Center

The fourth Wednesday of the Month (May 24)

- 9:30am York Network Breakfast at Norma's Rest.

Every Thursday

- 10am Cribbage Club

The 3rd Thursday of the Month (May 18)

- 1pm Book Club

Every Friday

- Noon Fabulous Fish Friday at Baldwin Center \$5/meal
RSVP: Call 207-363-8444 by Monday

Special May Events

- **Wednesdays, May 10 & 24, 1-3pm—Young At Art Series.** Space is limited; Call 363-8444 to sign up. Sponsored by the Hancock Family Fund for Healthy Aging at York Hospital.
- **Thursday, May 18, 4-6pm—Network Open House at Baldwin Center with Music, Food & Drinks.**
RSVP: coordinator@neighborhoodnetwork.me

Join Us for
Fabulous Fish Fridays
on May 5, 12, 19, 26



Cost: \$5/meal; RSVP: Call 207-363-8444

Mah Jongg is
on for May 1,8 and 22!



We've scheduled some extra sessions in May.

Please call soon to reserve: 207-351-1828.

Email: coordinator@neighborhoodnetwork.me
Let us know if you want to come for \$5 lunch at noon!