# Neighborhood NETWORK



A Membership Program in Collaboration of York Housing Authority & York Hospital

**NEWSLETTER MARCH2018** 

### WELCOME NEW MEMBERS!

We are pleased to welcome three new members to Neighborhood Network this month — all from York! Below is a little information about who they are, and what Neighborhood Network programming they would enjoy. Please extend a warm welcome to Rosemary, Tim, and Nancy when you see them.

Rosemary Turner has lived in York for many years and lives with her daughter, grandchildren and their cats. She enjoys Theater, Dance Movies, Exercise Programs, Gardening, and Photography. The only card game she plays is Cribbage – a long-time family favorite. She is looking forward to joining us for as many social opportunities as possible, and would appreciate any carpooling opportunities available.







#### **Meet Mani!**

Mani, pronounced – "Mah-Knee" is the newest addition to our York Housing/ Neighborhood Network Team. Mani was adopted by Debra and her husband Jon on Valentine's Eve! Originally from Puerto Rico, Mani was displaced and on the streets scared and starving following hurricane Maria in Sept., 2017 – the deadliest hurricane in over 85 years. He was rescued on Christmas Eve, 2017 by the "We Can-ine Do it!" He was socialized in a wonderful foster home, and once ready for travel, he flew into Miami, and then traveled to Northwood, NH at "Happy Tails" rescue shelter. It was love at first sight when Debra and Jon were introduced to the sweet 1 ½ - 2 year old little peanut – hence his name Mani, meaning peanut in Spanish – his island language. Mani loves all creatures great and small and seems right at home in the office.



Our March Get-Together is Wed., Mar. 28, 10am @ the Wells Library Wells, Maine

Each month we meet in one of our service area towns for a FREE continental breakfast and coffee, and invite community members to attend as well! Please mark your calendars and **call us at 207-351-1828** with your plan to attend our next gathering.

A group of us are planning to leave from the Baldwin Center and travel together! Please let us know if you are interested in carpooling.



Arts & Crafts Night!
Thurs., Mar. 1, 2018 5-6:30pm
at Yorkshire Commons
Community Room
161 York Street, York

**Take Home Project:** Bird House Décor' for the Home **Baldwin Center Table Decorations:** "Pot of Gold"

A light meal will be provided – bring your own beverage! (Friends of York Housing are welcome to attend - \$5.00 cost). Space is limited to 20. **Registration Deadline: Wed., Feb. 28. Contact Jen @ 207-363-8444, and remember to let us know if you must cancel.**Next Arts & Crafts Night – Thurs., April 5, 5-6:30, registrations open!

Neighborhood Network is a paid Membership Program. You are invited to join us as a special guest for a few activities before signing up as a Member. Please contact us for information about our services and opportunities.

Call: 207-351-1828

Email: coordinator@neighborhoodnetwork.me Website: www.neighborhoodnetwork.me





#### NEW VENDOR WELCOME! Mary Foley Masse

We are pleased to announce that Mary Foley Masse, Owner of Mary's Home Revival and York resident for over twenty years, has joined us as a new vendor for Neighborhood Network. Mary's background includes working in healthcare for over 29 years in various capacities. Her passion for helping others continues as she embarks on her new path.

Mary's eldest brother, Michael, was a master carpenter, and she had many opportunities to work at his side.

"Michael bestowed on me the love of the trade and – the craft. I lost him in 2003 and I'm so fortunate to

have learned so many of his wonderful skills.

"Given my healthcare background I now look upon these projects through a different prism, and I recognize each clients' individual vision." Mary's previous career track affords her the objectivity needed to create, repair or resolve any given challenge.

"Mary is a creative fast gardener, carpenter, and problem solver. She brings your vision to reality in a cost effective manner. Mary came to "freshen up" my front gardens. She listened to my vision and suggested other ideas that I liked. She reset the cobblestones that line the gardens, brightened the front with plantings and iron accents that she found in my yard. This lady was so talented and worked so efficiently, I casually asked if you could replace my rotted decking...sure! Not only did she replace the decking, she also set in slate and cement and then found my 1800 horse tie - a treasure that I was saving for a special spot - and mounted that!"

Sandra Kaan, York Resident

# The list below reflects projects & services Mary offers at fair/discounted prices:

- Minor home repairs
- · Lamp repair
- Trim or molding repair
- Bathroom repair; caulking
- Dripping sinks, leaking toilet, etc.
- Tile repair (floor or wall) patching
- Addressing potential safety risks
- Landscaing, "hardscaping, & gardening
- Simple iPhone, iPad

Visit Marys' Facebook Page to learn more: Mary Foley-Masse/Mary's Home Revival. "Sometimes all it takes is a second look"

Neighborhood Network encourages women & minorities to submit vendor applications.

# March Activities & Programs for Members & Special Guests

#### Thursday, March 1

- 10am—Cribbage @ Baldwin Center , 117 Long Sands Road, York
- 5-6:30pm—Arts & Crafts Night: Bird House Décor @ Yorkshire Commons, 161 York St., York

#### Friday, March 2

- 2pm— Bingo @ Yorkshire Commons, 161 York St., York Monday, March 5
- 9:30am—Yoga @ Baldwin Center, 117 Long Sands Rd., York
- 1pm—Majongg @ Baldwin Center, 117 Long Sands Rd. York Wednesday, March 7
- 1-3pm—Young at Art: Books & Cards/Printmaking @ Baldwin Center, 117 Long Sands Rd., York (RSVP 207-361-1828)

#### Thursday, March 8

- 10-11am—Cribbage Club @ Baldwin Center, 117 Long Sands Rd., York Friday, March 9
- 2pm—Bingo @ Yorkshire Commons, 161 York St., York

#### Sunday, March 11

• 2am—Daylight Saving: Clocks Spring Ahead 1 Hour

#### Monday, March 12

- 9:30am—Yoga @ Baldwin Center, 117 Long Sands Rd., York
- 1pm—Majongg @ Baldwin Center, 117 Long Sands Rd. York Tuesday, March 13
- Deadline to register for March 16 St. Patrick's Day Lunch (RSVP: call 207-363-8444)

#### Wednesday, March 14

- 12:30pm—Games w/Debra @ Baldwin Center, 117 Long Sands Rd., York Thursday, March 15
- 10-11am—Cribbage Club @ Baldwin Center, 117 Long Sands Rd., York
- 1-2pm—Book Club @ Baldwin Center, 117 Long Sands Rd., York Friday, March 16
- Noon-1:30pm—St.Patrick's Day Lunch & Entertainment @ Baldwin Center, 117 Long Sands Rd., York
- 2pm—Bingo @ Yorkshire Commons, 161 York Street, York
- Deadline to register for March 20 Roundtable (RSVP: call 207-363-8444) Monday, March 19
- 9:30am—Yoga @ Baldwin Center, 117 Long Sands Rd., York
- 1pm—Majongg @ Baldwin Center, 117 Long Sands Rd., York

#### Tuesday, March 20

12:30pm—Round Table discussion with Jill Larsen @ Baldwin Center, 117
 Long Sands Rd., York

#### Wednesday, March 21

- 12:30pm—Games w/Debra @ Baldwin Center, 117 Long Sands Rd., York Thursday, March 22
- 10-11am—Cribbage Club @ Baldwin Center, 117 Long Sands Rd., York Friday, March 23
- 2pm—Bingo @ Yorkshire Commons, 161 York St., York

#### Monday, March 26

- 9:30am—Yoga @ Baldwin Center, 117 Long Sands Rd., York
- 1pm—Majongg @ Baldwin Center, 117 Long Sands Rd., York

#### Tuesday, March 27

• 9:30-10:30am—Veterans Breakfast @ Baldwin Center, 117 Long Sands Rd., York

#### Wednesday, March 28

- 10-12 Noon—Coffee & Conversation @ Wells Library, Wells, Maine
- 1-3pm—Young at Art: Needle Felting @ Baldwin Center, 117 Long Sands Rd., York (RSVP 207-361-1828)

#### Thursday, March 29

- 10-11am—Cribbage Club @ Baldwin Center, 117 Long Sands Rd., York Every Monday-Friday (Except Holidays)
- Noon—Lunch for \$5 @ Baldwin Center, 117 Long Sands Rd., York. (RSVP: Please all 207-363-8444 by 9:30am to place your order)

### **March Neighborhood Network Calendar**

FMI or to participate, please call us at 207-351-1828 or email coordinator@neighborhoodnetwork.me for planning purposes. Unless otherwise noted, all activities are free to members and special guests and take place at York Housing's Baldwin Center, 117 Long Sands Rd., York, Maine. The programs and events listed are benefits for our paying members. If you're not currently a member or volunteer and are interested in participating in these programs as a special guest, please give us a call. We'd love to talk to you about our organization.

Monday	Tuesday	Wednesday	Thursday	Friday
			Cribbage 10am Arts & Crafts Night, 161 York Street 5-6:30pm	2 Bingo @ Yorkshire Commons 2pm
5 Yoga 9:30am \$5 donation Mahjongg 1-3pm	6 Bingo 12:30 pm	7 Young at Art — Books & Cards (Printmaking) 1-3pm	8 Cribbage 10am	9 Bingo @ Yorkshire Commons 2pm
Yoga 9:30am \$5 donation Mahjongg 1-3pm	13 Bingo 12:30 pm RSVP for St. Patrick's Day Lunch & Music on 3/16 Call: 207-363-8444	14 Games w/Debra 12:30pm	15 Cribbage 10am Book Club 1pm	16 Bingo @ Yorkshire Commons 2pm St. Patrick's Day Lunch & Music noon- 1:30pm RSVP for Roundtable Discussion on 3/20 Call: 207-363-8444
Yoga 9:30am \$5 donation Mahjongg 1-3pm	20 Roundtable Discussion with Jill Larson, 12:30pm	Office opens at Noon Games w/Debra 12:30pm	22 Cribbage 10am	23 Bingo @ Yorkshire Commons 2pm
Yoga 9:30am \$5 donation Mahjongg 1-3pm	27 Bingo 12:30 pm Veteran's Coffee 9:30am	28 Coffee & Conversation @ Wells Library 10-12 noon Young at Art — Needle Felting 1-3pm	29 Cribbage 10am	30 Bingo @ Yorkshire Commons 2pm



### St. Patrick's Day Lunch with The Seacoast Men of Harmony

Friday, March 16 — 12:00 Noon — 1:30 PM

Saint Patrick's Day is celebrated in more countries than any other national festival. Modern celebrations have been greatly influenced by those of the Irish diaspora, particularly those that developed in North America.

A specially-selected quartet from the Seacoast Men of Harmony will join us for a traditional St. Patrick's Day **Traditional Corn Beef & Cabbage Lunch** and perform a number of Irish song favorites. Member Greg Burdwood says, "we sing in the Barbershop style which is characterized as four part close harmony." The group is a well-loved men's acapella chorus from Dover, NH, and is affiliated with the Barbershop Harmony Society's Northeastern District, representing barbershop singing at its finest.

Please call Jen @ 207-363-8444 to reserve your seat, and for our meal count, no later than Tues., Mar. 13. (Family & friends may attend this lunch by paying a \$5 fee in advance to Jen or Yolanda @ York Housing.)

# **Special Programs & Events Coming Up!**

# Round Table Discussion with Jill Larson Tuesday, March 20 – 12:15 PM at Baldwin Center

Jill Larson, Director of The Gathering Place, a division of Ageless Connections, LLC, will facilitate a round table discussion about the benefits of offering a day time "getaway" for your loved ones with memory or mood disorders, as well as respite time for caregivers.

Care and companionship for seniors in a social setting is a wonderful service for caregivers who may need to run errands, or simply need time to themselves, while providing a social outlet for

their loved ones, for just a few hours in a day.

This Round Table Discussion is open to any community friend of York Housing interested in learning more about this valuable program. There is no cost to attend. Please contact Jen @ 207-363-8444 to reserve your seat for the roundtable discussion, or to join us for lunch @ 12:00 noon by ordering a lunch meal (\$5.00 payable prior or at the door). Registration DEADLINE is March 16.

Book Club: Thurs., Mar. 15, 1-2PM @ Baldwin Center

**Book Selections — Read One or Both:** 

Improvement, by Joan Silber

The Dog Who Rescues Cats: The True Story of Ginny, by Philip Gonzales and Leonore Fleischer



### Young At Art Schedule — Baldwin Center — March - June 2018

March 7 Books and Cards (printmaking)

March 28 - Needle Felting

April 4 - Quilt Block Boxes

April 18 - Collective Drawing (everyone gets a square to make the whole!

May 9 - Clay (self hardening)

May 23 - Gel Prints (flowers & design)

June 6 - Painted Flower Pots (and plant a flower)





Save-the-date!
Cribbage Tournament
Thursday, April 12, 4:00 – 6:00 p.m.

York Housing is hosting a community-wide "partner" and "cut throat"/single style Cribbage Tournament at the Baldwin Center! We encourage our resident players to pair up and/or play head-to-head with players who are invited to join us from the community! Refreshments will be provided, and we'll have wonderful prizes for 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place winners! The suggested **Donation is \$10 per person. Reservations are required – please call Jen @ 207-363-8444** to save your "pegging" seat! Signup Deadline: April 6.



When you sign up for a program or event, please call us ASAP at 207-363-8444 to let us know if you can't make it! This will allow us to invite individuals who are on the wait list to participate. Thank You very much!