

# Neighborhood NETWORK

**Stay Home  
With Us....**



**A Membership Program Collaboration Between York Housing & York Hospital**

**NEWSLETTER NOVEMBER 2019**

*Calling All  
Friends,  
Members &  
Volunteers!*

We'd love to hear from  
you with your great  
ideas for new pro-  
grams and events!

What would you like  
to see happening in  
your community?

How can we help  
organize an activity or  
event that inspires  
you?

We look forward to  
your suggestions!

*Please Call Us  
&  
Share Today*



wishing you and your family

*a Happy  
Thanksgiving*



## **Continuing Our Special Fall Offer for York Residents!!!! Associate Neighborhood Network Membership**

**\$10/month (3-month minimum)  
FMI Call Sarah 207-351-1828!**



### **Associate members receive these benefits:**

- 2 roundtrip rides/week (8 rides/month) anywhere within the Town of York and complimentary rides to York Housing events, if space available.
- Baldwin Café Lunch M-F (cost: \$5 for those 62 and older; \$6 others).
- Monthly calendar of social and educational activities at York Housing -- Including yoga, cribbage, mahjonn, book club, BINGO, Warm Up America knitters & crocheters group, Crafty Crafters, veterans coffee, fall-winter movies, seasonal holiday celebrations, and much more. (NOTE: most events are free, however, some will charge a small fee—\$5 or less/person.)



Neighborhood Network is a paid Membership Program. You are invited to join us as a special guest for a few activities before signing up as a Member. Please contact us for information about our services and opportunities.

**Call: 207-351-1828**  
**Email: [coordinator@neighborhoodnetwork.me](mailto:coordinator@neighborhoodnetwork.me)**  
**Visit our Website: [www.neighborhoodnetwork.me](http://www.neighborhoodnetwork.me)**

**YORK HOUSING**  
A CREATIVE APPROACH TO AFFORDABLE LIVING

 **York Hospital**

## \$5 Lunch-time Meals!!!

### Offered at the Baldwin Café Monday-Friday



(excl. holidays — **no meal on Nov 11, 28, 29**)

**Please call Sarah to sign up by 9:30am to  
order a meal for that day—207-351-1828**

- Lunch is **\$5 per meal (age 62+; otherwise \$6)** and includes two entrée choices, a soda, dessert or fruit.
- You may pay by cash or check to "York Housing"
- The menu comes weekly from the hospital. You may request a menu to be sent by mail or email on Thurs for the upcoming week and you may call or submit your menu choices to the office at any time.
- **IMPORTANT:** If you have special dietary needs or issues (e.g., gluten free), you must call York Hospital Dining to inquire which choices are appropriate for you before you submit your choices to the office.

**THANK YOU FOR PARTICIPATING!**

## NEW ACTIVITY!

**Weds @ 1pm—Nov 6, 13, 20, 27**



**Coloring Class**  
@ York Housing's  
Pine Grove  
Community Room  
117 Long Sands  
Road, York

*Supplies provided  
or bring your own!*

**Please call  
Sarah if you'd  
like to attend  
this class  
207-351-1828**

## Ongoing Programs for Members & Special Guests

*Always call ahead to make sure an event is  
happening...207-351-1828*

**Mon-Fri (excl. holidays—NOTE: NO  
MEAL ON 11/11, 11/28, 11/29)** at  
Baldwin Center, 117 Long Sands Rd,  
York  
- \$5 Lunch at Noon (**RSVP: 207-351-  
1828 by 9:30am to place your  
order**)

**Mon—Nov 4, 18, 25 (NOTE: NO  
PROGRAMS ON MON 11/11)** at  
Baldwin Center, 117 Long Sands Rd,  
York  
- Yoga at 9:30am (\$5 charge)  
- Mahjogg at 1pm

**Tues—Nov 5, 12, 19 (NOTE: NO  
MEETING ON TUES 11/26)** at  
Baldwin Center, 117 Long Sands Rd,  
York  
- Crafty Crafters at 1pm

**Wed—Nov 6, 13, 20, 27** at  
Baldwin Center, 117 Long Sands Rd.  
York  
- Lunch BINGO at 12:30pm  
- **NEW—Coloring Class at Pine  
Grove at 1pm**

**Thurs—Nov 7, 14, 21 (NOTE: NO  
PROGRAMS ON THURS 11/28)** at  
Baldwin Center, 117 Long Sands Rd.  
York  
- Cribbage at 10am  
- Yoga at 2pm (\$5 charge)

**Third Thurs—Nov 21** at Baldwin  
Center, 117 Long Sands Rd. York  
- Book Club at 1pm

**Fri—Nov 1, 15, 22 (NOTE: NO GAME  
ON FRI 11/8 AND 11/29)**  
- EUCHRE card game at 12:30 (Baldwin  
Center, 117 Long Sands Road, York)  
- BINGO at 2pm (Yorkshire  
Commons, 161 York Street, York)

# November Neighborhood Network Calendar

**FMI or to participate, please call us at 207-351-1828 or email [coordinator@neighborhoodnetwork.me](mailto:coordinator@neighborhoodnetwork.me)**

Unless otherwise noted, all activities are free to members and special guests and take place at York Housing's Baldwin Center, 117 Long Sands Rd., York, Maine. The programs and events listed are benefits for our paying members. If you're not currently a member or volunteer and are interested in participating in these programs as a special guest, please give us a call. We'd love to talk to you about our organization.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 EUCHRE card game 12:30pm Bingo-- at <b>Yorkshire Commons 2pm</b>
4 Yoga 9:30am -\$5 donation Mahjongg 1-3pm	5 <b>Crafty Crafters @ BC Boardroom 1pm</b>	6 Lunch Bingo 12:30 pm <b>NEW Coloring @ PG @ 1pm</b>	7 Cribbage 10am Yoga 2pm-\$5 donation	8
11 <b>Office Closed for Veterans Day</b> <b>—(NO YOGA OR MAHJONGG)</b>	12 <b>Crafty Crafters @ BC Boardroom 1pm</b>	13 Lunch Bingo 12:30 pm <b>NEW Coloring @ PG @ 1pm</b>	14 Cribbage 10am <b>Book Group 1pm</b> Yoga 2pm-\$5 donation	15 Bingo-- at <b>Yorkshire Commons 2pm</b>
18 Yoga 9:30am-\$5 donation Mahjongg 1-3pm	19 <b>Crafty Crafters @ BC Boardroom 1pm</b>	20 Lunch Bingo 12:30 pm <b>NEW Coloring @ PG @ 1pm</b>	21 Cribbage 10am Yoga 2pm-\$5 donation	22 EUCHRE card game 12:30pm Bingo-- at <b>Yorkshire Commons 2pm</b>
25 Yoga 9:30am-\$5 donation Mahjongg 1-3pm	26 <b>(NO CRAFT GROUP TODAY)</b>	27 Lunch Bingo 12:30 pm <b>NEW Coloring @ PG @ 1pm</b>	28 <b>Office Closed for Thanksgiving</b>	29 <b>Office Closed for Thanksgiving</b>



**December  
Sneak Peak &  
Save the Date!**

**Tuesday, Dec 3  
4:30-7pm**

**A Fun Hollywood Who-Dunnit Evening to  
Benefit our Wishing Well Fund**

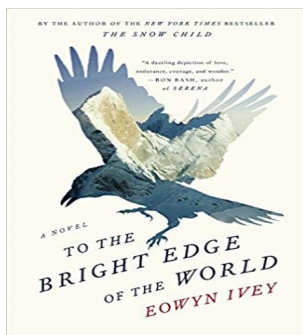
**Tickets will be on sale in  
November! Don't Miss It!**

**Call Sarah for More Information 207-351-1828**

 **Neighborhood  
NETWORK**  
**TRANSPORTATION**



**Live in York?  
Need a Ride?  
Call 207-351-1828**



**Book Club at Baldwin Center —  
ALL ARE WELCOME!!!**  
**Next Discussion: Thurs, Nov 21 @ 1pm**  
**To the Bright Edge of the World**  
**by Eowyn Ivey**

**Chair YOGA at Baldwin Center Now Twice a Week!!!**

Yoga improves your balance, sharpens your mind, boosts your mood!

**Monday Mornings: Waking Up with Leigh**

@ 9:30AM — Nov 4, 18, 25 **(no class on Nov 11)**

**Thursday Afternoons: Seeking Serenity with Laura**

@ 2PM — Nov 7, 14, 21 **(no class on Nov 28)**



**Are you Game? Come Play with Us!**

Mon Mahjongg @BC — 1pm on **Mon** Nov 4, 18, 25 **(no game on 11/11)**

Wed BINGO @BC — after lunch on **Wed** Nov 6, 13, 20, 27

Thurs Cribbage @BC — 10am on **Thurs** Nov 7, 14, 21 **(no game on 11/28)**

Fri EUCHRE card game @BC — after lunch on **Fri** Nov 1, 15, 22 **(no game on 11/8 or 11/29)**

Fri BINGO @YC — 2pm on **Fri** Nov 1, 8, 15, 22 **(no game on 11/29)**



**Warm Up America Group!  
Stitching Up a Storm to Help Others!**

Please join us at Yorkshire Commons **WED 1-3pm** (Nov 6, 13, 20, 27)  
**Call Sandy @ Yorkshire Commons FMI: 207-361-4447**

*Update from Warm Up America: Always Hard at Work!*



Many donations of warm clothing and blankets have already gone out, including four bundles to the immigrants coming into Portland who are not prepared for our winters. We always remember Crossroads Home, especially for afghans, which are theirs to keep when they find more permanent housing. Lots of focus was given to Special Olympics as they chose the color combinations for their scarves. We managed to produce seventy-seven, each one a different design! Our usual donation to schools and hospitals resulted in some wonderful and heartwarming “thank

you” letters. One especially from the Intensive Care Nursery at Children’s Hospital at Dartmouth-Hitchcock. Specially custom designed afghans were made for three specific local folks who will appreciate the extra warmth in the cold evenings. We have been asked to come up with some tactile items to help those with dementia and Alzheimers. What fun! One of our members has put together “Twiddle Muffs” which have a variety of buttons, zippers, ribbons and fuzzy yarns. The folks at Durgin Pines will enjoy these! Thank you, Jayne. Every year we pay special attention to Operation Blessings. They love our hats, mittens, scarves, slippers, sweaters, and the list goes on. All this, with a little help from our generous friends at the Center for Active Living (York Senior Center).

