

Neighborhood NETWORK

Stay Home
With Us....



A Membership Program Collaboration Between York Housing & York Hospital

NEWSLETTER DECEMBER 2019

*Calling All
Friends,
Members &
Volunteers!*

We'd love to hear from
you with your great
ideas for new pro-
grams and events!

What would you like
to see happening in
your community?

How can we help
organize an activity or
event that inspires
you?

We look forward to
your suggestions!

*Please Call Us
&
Share Today*

HAPPY
Holidays!
Peace & Joy

Note about Program cancellations during winter weather:

**If York schools are closed, our meals and
regular programs are cancelled also.
Please call our office to confirm!**

Neighborhood Network is a paid Membership Program. You are invited to join us as a special guest for a few activities before signing up as a Member. Please contact us for information about our services and opportunities.

Call: 207-351-1828

Email: coordinator@neighborhoodnetwork.me

Visit our Website: www.neighborhoodnetwork.me

YORK HOUSING
A CREATIVE APPROACH TO AFFORDABLE LIVING

 **York Hospital**

\$5 Lunch-time Meals!!!

Offered at the Baldwin Café Monday-Friday

(excl. holidays — **no meals Dec 24-27**)



**Please call Sarah to sign up by 9:30am to
order a meal for that day—207-351-1828**

- Lunch is **\$5 per meal (age 62+; otherwise \$6)** and includes two entrée choices, a soda, dessert or fruit.
- You may pay by cash or check to “York Housing”
- The menu comes weekly from the hospital. You may request a menu to be sent by mail or email on Thurs for the upcoming week and you may call or submit your menu choices to the office at any time.
- **IMPORTANT:** If you have special dietary needs or issues (e.g., gluten free), you must call York Hospital Dining to inquire which choices are appropriate for you before you submit your choices to the office.

THANK YOU FOR PARTICIPATING!



Neighborhood Network Members: Join our Choral Group for the Holiday Season

**We'll sing a few traditional religious and secular songs
together on Wed, Dec 11 and then perform for the York
Housing Residents at our holiday
party on Fri, Dec 20.**

Rehearsal Wed, Dec 11, 11am
Holiday party Fri, Dec 20, 12:30-2:30pm

At York Housing's Baldwin Center 117 Long Sands Road

Please call Sarah at 207-351-1828

Ongoing Programs for Members & Special Guests

*Always call ahead to make sure an event is
happening...207-351-1828*

**Mon-Fri (excl. holidays—NOTE: NO
MEAL ON 12/24, 25, 26, 27)** at

Baldwin Center, 117 Long Sands Rd
• \$5 Lunch at Noon (**RSVP: 207-351-
1828 by 9:30am to place your
order**)

Mon—Dec 9, 16, 23 at Baldwin
Center, 117 Long Sands Rd, York
- Yoga at 9:30am (\$5 charge)
- Mahjongg at 1pm

**Tues—Dec 10, 17 (NOTE: NO
MEETING ON TUES 12/24, 31)** at
Baldwin Center, 117 Long Sands Rd
- Crafty Crafters at 1pm

**Wed—Dec 4, 11, 18 (NOTE: NO
MEETING ON WED 12/25)** at
Baldwin Center, 117 Long Sands Rd
- Lunch BINGO at 12:30pm
- Coloring Class-Pine Grove at 1pm
- Warm Up Amer-Yorksh Commons 2pm

**Thurs—Dec 5, 12, 19 (NOTE: NO
PROGRAMS ON THURS 12/26)** at
Baldwin Center, 117 Long Sands Rd
- Cribbage at 10am
- Yoga at 2pm (\$5 charge)

Third Thurs—Dec 19 at Baldwin
Center, 117 Long Sands Rd. York
- Book Club at 1pm

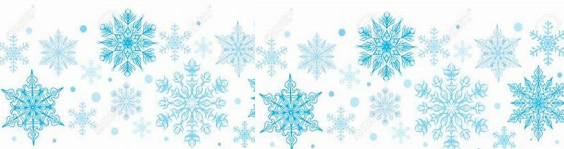
**Fri—Dec 6, 13 (NOTE: NO GAME ON
FRI 12/20 AND 12/27)**
- EUCHRE card game at 12:30 (Baldwin
Center, 117 Long Sands Road, York)
- BINGO at 2pm (Yorkshire
Commons, 161 York Street, York)

**Fri—Dec 20- York Housing
Holiday Party 12:30-2:30pm
at Baldwin Center (RSVP by
12/17 to 207-351-1828)**

December Neighborhood Network Calendar

FMI or to participate, please call us at 207-351-1828 or email coordinator@neighborhoodnetwork.me

Unless otherwise noted, all activities are free to members and special guests and take place at York Housing's Baldwin Center, 117 Long Sands Rd., York, Maine. The programs and events listed are benefits for our paying members. If you're not currently a member or volunteer and are interested in participating in these programs as a special guest, please give us a call. We'd love to talk to you about our organization.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Yoga 9:30am -\$5 donation Mahjongg 1-3pm	3 POSTONED — NEW DATE TO BE ANNOUNCED Murder Mystery Fundraiser—Wishing Well Fund! 4-7pm BC	4 Lunch Bingo 12:30 pm NEW Coloring PG 1pm Warm Up America 1-3pm at Yorkshire Commons	5 Cribbage 10am Yoga 2pm-\$5 donation	6 EUCHRE card game 12:30pm Bingo-- at Yorkshire Commons 2pm
9 Yoga 9:30am -\$5 donation Mahjongg 1-3pm	10 Crafty Crafters @ BC Boardroom 1pm	11 Chorus rehearsal 11am Lunch Bingo 12:30 pm NEW Coloring PG 1pm Warm Up America 1-3pm at Yorkshire Commons	12 Cribbage 10am Yoga 2pm-\$5 donation	13 EUCHRE card game 12:30pm Bingo-- at Yorkshire Commons 2pm
16 Yoga 9:30am-\$5 donation Mahjongg 1-3pm	17 Crafty Crafters @ BC Boardroom 1pm Deadline to RSVP for holiday party 207- 351-1828	18 Lunch Bingo 12:30 pm NEW Coloring PG 1pm Warm Up America 1-3pm at Yorkshire Commons	19 Cribbage 10am Book Group 1pm Yoga 2pm-\$5 donation	20 York Housing Holiday Party 12:30-2:30pm at Baldwin Center (RSVP by 12/17)
23 Yoga 9:30am-\$5 donation Mahjongg 1-3pm	24 Holiday — Office closes at 12 NOON	25 Holiday — Office closed	26 Holiday — Office closed	27 Holiday — Office closed
30 Yoga 9:30am-\$5 donation Mahjongg 1-3pm	31 Holiday — Office closes at 12 NOON	JANUARY 1, 2020 HAPPY NEW YEAR— OFFICE CLOSED		

Continuing Our Special Offer for York Residents

**Associate Neighborhood Network Membership
\$10/month (3-mo min.) Call Sarah 207-351-1828!**

Associate members receive these benefits:

- 2 roundtrip rides/week (8 rides/month) anywhere within the Town of York and complimentary rides to York Housing events, if space available.
- Baldwin Café Lunch M-F (cost: \$5 for those 62 and older; \$6 others).
- Monthly calendar of social and educational activities at York Housing -- Including yoga, cribbage, mahjongg, book club, BINGO, Warm Up America knitters & crocheters group, Crafty Crafters, veterans coffee, fall-winter movies, seasonal holiday celebrations, and much more. (NOTE: most events are free, however, some will charge a small fee—\$5 or less/person.)



Neighborhood
NETWORK

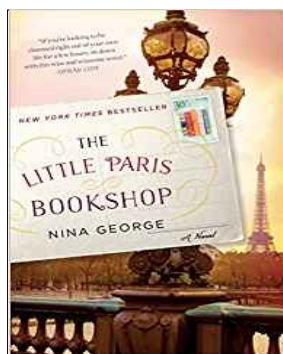
TRANSPORTATION



Live in York?

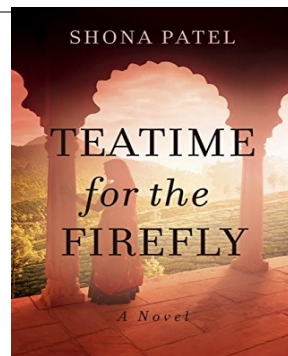
Need a Ride?

Call 207-351-1828



Book Club at Baldwin Center — ALL ARE WELCOME!!!

Next Discussion: Thurs, Dec 19 @ 1pm
-The Little Paris Bookshop, by Nina George
- Teatime for the Firefly, by Shona Patel
Read One or Both!



Chair YOGA at Baldwin Center Now Twice a Week!!!

Yoga improves your balance, sharpens your mind, boosts your mood!

Monday Mornings: Waking Up with Leigh

@ 9:30AM — Dec 9, 16, 23, 30

Thursday Afternoons: Seeking Serenity with Laura

@ 2PM — Dec 5, 12, 19 **(no class on Dec 26)**



Are you Game? Come Play with Us!

Mon Mahjongg @BC — 1pm on **Mon** Dec 9, 16, 23, 30

Wed BINGO @BC — after lunch on **Wed** Dec 4, 11, 18 **(no game on 12/25)**

Thurs Cribbage @BC — 10am on **Thurs** Dec 5, 12, 19 **(no game on 12/26)**

Fri EUCHRE card game @BC — after lunch on **Fri** Dec 6, 13, 27 **(no game on 12/20)**

Fri BINGO @YC — 2pm on **Fri** Dec 6, 13, 20, 27



Warm Up America Group! Stitching Up a Storm to Help Others!

Yorkshire Commons **WED 1-3pm** (Dec 4, 11, 18, **no meeting on 12/25**)

Call Sandy @ Yorkshire Commons FMI: 207-361-4447



Adult Coloring Class with Barbara Herman

At York Housing's Pine Grove
Community Room

Wednesdays at 1pm

(Dec 4, 11, 18,

no class on 12/25)